### Our rehabilitation team



**Dr. M. Viswanathan**MD, DCH, DNB, MRCP(UK), MRCPI, MRCPCH(UK)
Specialist Peadiatrician



**Teres Angela John** B.P.Th Physiotherapist



**V. Srinivasan** B.O.Th (A.I.O.T.A) Occupational Therapist



### Contact us

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#### **CLINIC TIMINGS:**

Morning: 8 am to 2 pm Evening: 4 pm to 9 pm FRIDAYS HOLIDAY

Patients Can Take Appointments
Over The Phone

www.modernfamilyclinic.com







# Fine motor disability

Does your child have difficulty in holding pencils, pens, cutting, copying, tracing, colouring, buttoning, writing, eating, learning, playing with puzzles or building blocks?

# Gross motor disability

Is your child unable to stand, walk, crawl, kneel or has difficulty in balance and co-ordination?

## We are here to assist you

We provide a wide range of comprehensive and advanced rehabilitation service with a team of professionals occupational therapists, physiotherapists who can engage special need children and their families.

We deliver one to one evidence based approach in training children with disability. We optimize their skills, potentiating their ability of activities of daily living with the child's full participation, motivation and skill acquisition.



To deliver defined services for special need children in order to achieve their potential for the best quality of life with evidence based therapy.

### Vision

To become a premier child rehabilitation centre in Dubai and a leading provider of support service with dedication to the special need children.

# Occupational therapy

We help children with birth injuries, learning disabilities, developmental delay, cerebral palsy, autism, ADHD (attention deficit hyper kinetic disorder) motor disability with spina bifida, down syndrome with mental retardation and other conditions of behavioural abnormality with creative activities, play therapy, physical activity, applied behavioural analysis therapy in order to potentiating their ability and skills needed for daily living, and attain age appropriate skills.

We do apply ABA therapy which is a behavioural modification in a child with autistic spectrum disorder, which the child can understand and rectify the unwanted behavior.

We do potentiate fine motor skills, oromotor skills, visual spatial skills, handwritting skills, eye hand co-ordination, attention and arousal with sensory integration and sensory re-education.

# Physiotherapy

Physiotherapy aims to minimize the effects of physical impairment to promote optimum function and musculoskeletal development by providing a program that the child will enjoy.

### We play a role in

Cerebral palsy | Autism | Pre term babies with delayed milestones | Gross motor/global developmental delay | Spina bifida | Muscular dystrophy | Minimal cerebral dysfunction | Acquired brain/spinal injury | Neurological diseases | Brachial plexus injury | Scoliosis, torticollis | Respiratory problem like asthma, cystic fibrosis.

### Our interventions include

Joint mobilization | Muscle strengthening / re-education | Spasticity reduction | Neuro developmental treatment | Balance and co-ordination training | Gait training | Orthotic care and use of appropriate device | Enhancement of adaptation of daily routines.

